



Community Schedule

Monday 4 January			
Tuesday 5 January			
Wednesday 6 January			
Thursday 7 January			
Friday 8 January			
Saturday 9 January			
Sunday 10 January			
Stillness Meditation *FREE*	Chery / Sean	12:00PM-1:00PM	Yoga Shala
Beginner Yoga	Chery / Sean	11:00AM-12:00PM	Yoga Shala
<p>Our teachers are very generous to donate their time.</p> <p>Please respect the teachers and students by showing up to classes on time.</p> <p>Please give Koha when you are able.</p> <p>Weekly schedule posted here: http://kawaipurapura.co.nz/weekly-classes/</p> <p>Class prices: General public \$15 Retreat guests \$10 Residents \$7 Volunteers \$5</p> <p>(*KOHA*) means a donation</p> <p>(***) \$15 For registration and payment, please email pureyoganz@gmail.com</p>			
<p>All classes are suitable for beginners unless otherwise stated. It is a good idea to practice yoga on an empty stomach.</p> <p>Please email venue@kawaipurapura.co.nz with any questions.</p>			
Kawai Purapura Retreat Centre, 14 Mills Lane, Albany, Auckland 0632			