

Community Schedule

Monday 17 February

Sun Salutations with Mantra *FREE*	Ceremony	7:00AM - 8:15AM	Yoga Shala
Community Dinner *\$8.50*		6:30PM	Prema Café
Dynamic Movement *FREE*	Hugo	7:30PM - 8:30PM	Yoga Shala
Guru Within (meditation insight & practice) *FREE*	Zainab	8:30PM - 9:30PM	Yoga Shala

Tuesday 18 February

Chakras Meditation & Sound Healing *FREE*	Giulia	5:00PM-5:45PM	Yoga Shala
Journey Meditation *FREE*	Keong	6.00PM- 7.15PM	Yoga Shala
Pranic Healing Meditation and Info Talk *FREE*	Pranic Healing NZ	7:30PM - 9:00PM	Yoga Shala
Sacred Singing, Divine Dancing *FREE*	Helen of Joy	7:30PM - 9:00PM	Marquee

Wednesday 19 February

YIN YOGA *FREE*	Mel	7:00AM-8:00AM	Yoga Shala
Moving Journey *FREE*	Kiara	4:45PM-5:45pm	Yoga Shala
Meditation and Buddhist Discussion Group *KOHA*	Ven. Gyalten Sengye	7:30PM-9:00PM	Yoga Shala

Thursday 20 February

Yantra Yoga - The Tibetan Yoga of Movement *FREE*	Dean	7:00AM-8:15AM	Yoga Shala
Yin Yoga with Live Music	Ceremony	5:00PM - 6:00PM	Yoga Shala
Hatha Yoga Intermediate Course***	Pragyadhara	6:15PM - 7:30PM	Yoga Shala
Contact Improvisation Dance Class *FREE*	emka*	7:45PM - 9:45PM	Yoga Shala

Friday 21 February

Hatha Flow *FREE*	Ajay	6:45AM - 8:00AM	Yoga Shala
Sound Healing Journey*FREE*	Max	7:45PM- 8:45PM	Yoga Shala

Saturday 22 February

Morning Yoga Flow *KOHA*	Giulia	6:45AM - 8:00AM	Prema Lounge
Classic Hatha Yoga *FREE*	Gillian	8:30AM - 9:30AM	Prema Lounge
Walking Meditation / Yoga Nidra	Mel	11:00AM - 12:30AM	Prema Lounge

Sunday 23 February

Hatha flow *KOHA*	Ajay	8:30AM - 10:00AM	Yoga Shala
Stillness Meditation *FREE*	Chery / Sean	11:00AM - 12:30PM	Yoga Shala
Meditation class *FREE*	Sri Ma Collective	4:00PM - 5:00PM	Yoga Shala
Hatha Yoga *FREE*	Amanda	5.30PM - 6.45PM	Yoga Shala
Breathwork and Sound Healing *KOHA	Max	7:00PM-8:00PM	Yoga Shala

Weekly schedule posted here: <http://kawaiapurapura.co.nz/weekly-classes/> Class prices:

General public \$15 Retreat guests \$10 Residents \$7 Volunteers \$5 *KOHA* means a donation

***General public \$20, Retreat guests staying on site \$15, Residents \$10 casual or discount on whole course block, Volunteers first class \$7 thereafter 25% off on whole course block - for more details please email pureyoganz@gmail.com

All classes are suitable for beginners unless otherwise stated. It is a good idea to practice yoga on an empty stomach.

Please email retreatcoordinator@kawaiapurapura.co.nz with any questions.

Kawai Purapura Retreat Centre, 14 Mills Lane, Albany, Auckland 0632

Community Schedule

Monday 24 February

Community Dinner *\$8.50*		6:30PM	Prema Café
Dynamic Movement *FREE*	Hugo	7:30PM - 8:30PM	Yoga Shala
Guru Within (meditation insight & practice) *FREE*	Zainab	8:30PM - 9:30PM	Yoga Shala

Tuesday 25 February

Chakras Meditation & Sound Healing *FREE*	Giulia	5:00PM-5:45PM	Yoga Shala
Yoga Nidra 2.0 (aka Better than Netflix)	Keong	6:00PM- 7.15PM	Yoga Shala
Pranic Healing Meditation and Info Talk *FREE*	Pranic Healing NZ	7:30PM - 9:00PM	Yoga Shala
Sacred Singing, Divine Dancing *FREE*	Helen of Joy	7:30PM - 9:00PM	Marquee

Wednesday 26 February

Classical hatha *FREE*		7:00AM-8:30AM	Yoga Shala
Moving Journey	Kiara	4:45PM-5:45pm	Yoga Shala
Meditation and Buddhist Discussion Group *KOHA*	Ven. Gyalten Sengye	7:30PM-9:00PM	Yoga Shala

Thursday 27 February

Yantra Yoga - The Tibetan Yoga of Movement *FREE*	Dean	7:00AM-8:15AM	Yoga Shala
Yin Yoga with Live Music*FREE*	Ceremony	5:00PM - 6:00PM	Yoga Shala
Hatha Yoga Intermediate Course***	Pragyadhara	6:15PM - 7:30PM	Yoga Shala
Contact Improvisation Dance Class *FREE*	emka*	7:45PM - 9:45PM	Yoga Shala

Friday 28 February

Hatha Flow *FREE*	Ajay	6:45AM - 8:00AM	Yoga Shala
Sound Healing Journey*FREE*	Max	7:45PM- 8:45PM	Yoga Shala

Saturday 29th February

Morning Yoga Flow *KOHA*	Giulia	6:45AM - 8:00AM	Prema Lounge
Classic Hatha Yoga *FREE*	Gillian	8:30AM - 9:30AM	Prema Lounge
Meditation and Buddhist Discussion Group *KOHA*	Ven. Gyalten Sengye	11:00AM - 12:30PM	Prema Lounge
Walking Meditation	Mel	7:30PM - 8:00PM	Yoga Shala

Sunday 1st March

Hatha Yoga *FREE*	Liuba	7:30AM - 8:30AM	Yoga Shala
Hatha flow *KOHA*	Ajay	8:30AM - 10:00AM	Yoga Shala
Stillness Meditation *FREE*	Chery / Sean	11:00AM - 12:30PM	Yoga Shala
Meditation class *FREE*	Sri Ma Collective	4:00PM - 5:00PM	Yoga Shala
Hatha Yoga *FREE*	Amanda	5.30PM - 6.45PM	Yoga Shala
Breathwork and Sound Healing *KOHA	Max	7:00PM-8:00PM	Yoga Shala

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Kawai Purapura Retreat Centre, 14 Mills Lane, Albany, Auckland 0632

Community Schedule

Monday 2nd March

Community Dinner *\$8.50*		6:30PM	Prema Café
Dynamic Movement *FREE*	Hugo	7:30PM - 8:30PM	Yoga Shala
Guru Within (meditation insight & practice) *FREE*	Zainab	8:30PM - 9:30PM	Yoga Shala

Tuesday 3rd March

Chakras Meditation & Sound Healing *FREE*	Giulia	5:00PM-5:45PM	Yoga Shala
Yoga Nidra 2.0 (aka Better than Netflix)	Keong	6:00PM- 7.15PM	Yoga Shala
Pranic Healing Meditation and Info Talk *FREE*	Pranic Healing NZ	7:30PM - 9:00PM	Yoga Shala
Sacred Singing, Divine Dancing *FREE*	Helen of Joy	7:30PM - 9:00PM	Marquee

Wednesday 4th March

Classical hatha *FREE*		7:00AM-8:30AM	Yoga Shala
Meditation and Buddhist Discussion Group *KOHA*	Ven. Gyalten Sengye	7:30PM-9:00PM	Yoga Shala

Thursday 5th March

Yantra Yoga - The Tibetan Yoga of Movement *FREE*	Dean	7:00AM-8:15AM	Yoga Shala
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FIND YOUR FLOW FESTIVAL

Friday 6th March

FIND YOUR FLOW FESTIVAL

Saturday 7th March

FIND YOUR FLOW FESTIVAL

Sunday 8th March

FIND YOUR FLOW FESTIVAL

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Kawai Purapura Retreat Centre, 14 Mills Lane, Albany, Auckland 0632

CURRENT TEACHERS

no.	Teacher	Email	Phone
1	Zac (Ven. Gyalten Sengye)	zacparish@hotmail.com ;	021 724974
2	Dean	deanwicky@hotmail.com ;	0210347752
3	John	longwhitecloudkungfu@gmail.com ;	021 970 211
4	Pragyadhara	pragyadhara@gmail.com ;	021 055 4642
5	Tina	woontintan@gmail.com	02108689730
6	Agnes	cofinoagnes@gmail.com	0224564150
7			
8	Ajay	ajykam@gmail.com	0223419447
9	Helen	helen.charters01@gmail.com	027 3110028
10	Herman	hermansaiz.nz@gmail.com	0276686682
11	Wellpark College Diploma	events@wellpark.co.nz	Nikki Morgan
12	Jorgelina	jorgelinaperez88@gmail.com	resident
13	Hugo	dynamicmovement_nz@gmail.com	02102981538
14	Hiren (pranic Healing)	hiren.yadav@gmail.com	0223687420
15	Cornelia	cornpike@yahoo.co.nz	0221034501
16	Ceremony	yogaeducation@kawaiipurapura.co.nz	02102855821
17	Dmitriy	ageyev1993@gmail.com	
18	Marcela	marce.rodriquez.blin@gmail.com	0274613150
19	Zainab	znconnectionz@gmail.com	0211924622
20	Chery/Sean	cheryweir@gmail.com	0212266410
23	Amrita	amrita.thakur123@gmail.com	0265395927
24	Gillian	serenitysprings2002@gmail.com	no mobile phone
25	Ranjileen (Sri Ma Collective)	ram@hotmail.com	0211663448
26	Emka	ma_ka@riseup.net	02040160764
27	Esteban	estebannerone1983@gmail.com	0272694785
28	Amanda	amanda.mariani10@gmail.com	021918184
29	Lila Marix	lila.marix@gmail.com	02108504260
30	Mariu	mariucubana@gmail.com	0220938079
32	Franco	luciani.fran@gmail.com	0212985193
33	Sonya	Sarayulyn@gmail.com	
34	Tatjana	tatjana.megel@gmx.de	0291214383
35	Giulia Mattioli	juliamattioli91@gmail.com	0272679314
35	Rasul Bravo	luisabrvo@yahoo.com	2102725166
	Thomas	thomux91@hotmail.fr	2102547148

Note

Will be overseas from Oct 12th until Nov the 6th. Resum
Requested to cancel his Monday class up to December t

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Will be out on the following dates: 20th Oct, 25th Oct, 2

He is leaving to India from 1-Nov to 20-Nov 2019 (last cl

Will no longer be able to offer the meditation class on T

From 19 December to 22 January I will not be teaching.

Will be in South America until January 2020

Taking slot of SAT morning from 8:30-9:30

timemeditationauckland@gmail.com

Offer beautiful meditation class once month
under KOHA concept

New teacher from Oct - Feb 2020

Replace Cornelia every Tue from 29th Oct 2019.

Teacher

Lindi

Paola

Hugo and P

Jyoti

Dinny

Kiam

Ashok/Asta

Keong

Utkarsh

Charlotte Keirle

Mikayla

Tabitha

Caroline

Giulia

Mikayla

Manami

Janina

Athulya

Brenda

Liubov Beliaeva (

PAST TEACHERS

Email	Phone
daretodanz@gmail.com;	
paolafmb@yahoo.com.br	2102988969
hugodesciodesouza@gmail.com	2102981538
jahcoffeeguru@gmail.com	
ilenia.dinicola@gmail.com	
kiam971@hotmail.fr	
ashok88844@hotmail.com	211252965
info@myheartstrategy.com	
meetutkarsh@gmail.com;	
charlotte_keirle@hotmail.com	022 4032469
schroemr@gmail.com	GONE
tabs_xo@hotmail.co.uk	GONE
carolinemparkin@hotmail.com	021 703 937
juliamattioli91@gmail.com	gone
schroemr@gmail.com	GONE
manamikomai@icloud.com	0210294075
JaninaLang@gmx.de	0272664594
athulya.27192@gmail.com	02041228660
bren.lagrotteria@gmail.com	02102669394
liubovbeliaeva@yahoo.com	Stop from Dec 2019

KP DEPARTMENTS TO INCLUDE

Marketing;
 Marketing Assistant;
 Property Manager;
 Jenny;
 Yoga Education;
 Reception;
 Residential Accommodation;
 Retreat Accommodation;
 Yoga Festival;
 Retreat;
 Kawai Purapura Volunteer;
 Administration manager
 Festivals;
 Wellpark;
 Ivana, Wellpark
 Mitre10
 Jamie Auckland Council

marketing@kawaiipurapura.co.nz
marketingassistant@kawaiipurapura.co.nz
propertymanager@kawaiipurapura.co.nz

yogaeducation@kawaiipurapura.co.nz
reception@kawaiipurapura.co.nz
residentialaccommodation@kawaiipurapura.co.nz
retreataccommodation@kawaiipurapura.co.nz
yogafestival@kawaiipurapura.co.nz
retreat@kawaiipurapura.co.nz
volunteer@kawaiipurapura.co.nz
administrationmanager@kawaiipurapura.co.nz
festivals@kawaiipurapura.co.nz
reception@wellpark.co.nz
collegemanager@wellpark.co.nz
Mansi.dhir19@gmail.com
jamie.adkins@aucklandcouncil.govt.nz

Notes regarding

Teacher / Class

Time for your soul *FREE*

Mikayla

Ajay

Dimitry

Charlotte

Maria

Dean

Manami

Pragyadhara

Tina

Ven. Gyalten Sengye / Zac

Utkarsh

Agnes

John

Sunny

Sanjay

Universal dances of peace - Helen

Kirtan - KOHA event

Understanding Anxiety and Depression

Amrita

Gillian

Regarding the Venues:

Yoga Shala is the first Choice

OR

If the teacher has a special request / other - you can provide a different venue

Other Ideas

Kids yoga? Discuss with Savitri

New Teacher?

Always ask for the certificate

Old Teachers:

Mararita - Hatha Yoga 5 - 6.30pm Sundays - will be back in a few months and want to teach - I

Margarita - lyulicheva.margarita@hotmail.com;

never heard from them 10/18

Margarita - lyulicheva.margarita@hotmail.com;

the Community Schedule

Notes

7.30 - 9am - Prema Lounge - Monday to Friday

1 class per week Sunday

1 class per week Friday

1 class per week Monday

1 class per week Friday

1 class per week Tuesday

2 classes per week Monday / Thursday

1 class per week Thursday

Tuesday and Thursday evenings (Course block and different pricing structure)

1 class per week Wednesday

2 classes per week, Wednesday and Saturday 1. Yoga Shala, 2. Prema Lounge (Contact him if the class has to be cancel

2 classes per week transformational Yoga Thursday and Saturday (1 Koha class on Saturday)

Thursday evenings - prefers Kahikatea or a venue where she can have 30 minutes of preparation before the class

Kung Fu (Marquee) and Qigong (Yoga Shala) on Saturdays

1 class per week on Sundays - Ashtanga Yoga

Understanding depression and anxiety every second week - Lotus / Prema - needs a projector and a special cable every 3rd Tuesday of the month

1 per month (second Tuesday) (see facebook event)

every 2. week - not during <http://kawaipurapura.co.nz/anxiety-workshop/>

Share slot with Gillian on Saturday 8:30-9:30AM

Share slot with Amrita on Saturday 8:30-9:30AM

back 6th of August

Column1

lled)



Thursday Every Week - confirm

Open up Yarooms to look at which venues are available / booked.

Open your email to look for information from the teachers.

Open up the community schedule for last week and rename it and save it for next week

Remember: Check hidden rows (Sanjay / Helen and Kirtan - see details above)

Confirm the rooms with Utkarsh if necessary - if a retreat is going on they might need preparation...

Be creative and design the schedule

Send out an email to all teachers to advise you if any changes need to be made

Friday Every Week - Final version

Make any changes to the schedule

Send out a final version to teachers and KP departments

Send a separate email to the council: jamie.adkins@aucklandcouncil.govt.nz and cc. Retreats@kawaipurapura.co.nz

Create a photo of the pdf (or other format)

Post the schedule on facebook - friends of KP / Kawai Purapura page on FB / other / Woofpack

Update the schedule online on the website using WordPress - check times and venues, add cancellations etc.