



Green Tara Initiation and Buddhist Retreat

**SEPTEMBER 22 & 23 (INITIATION FRIDAY EVENING)
KAWAI PURAPURA, AUCKLAND**

Awaken to the wisdom & fearless Buddha Nature from within yourself.

The Green Tara Initiation and retreat helps us to awaken the innate seeds of wisdom and compassion from within. The weekend will impart powerful tools through guided meditations, teachings and discussions.

Geshe Gyalten will offer a Green Tara Initiation (empowerment), then lead a two day retreat according to "Action Tantra" of Tibetan Buddhism.

In this wonderful weekend he will give a detailed explanation on the practice of Buddha Tara, the benefits of the practice, and how it helps remove both inner and outer obstacles in our lives.

The weekend will include guided meditations, visualizations, and mantra recitation. There will also be a meditation on the deity of emptiness, which is the ultimate essence of all existence.

BOOK NOW

Course Fee: \$150

Limited to only 50 places

For more info and to book:

Email: info@awakeningvajranz.org

Visit: awakeningvajranz.org/courses

This course is open to all, regardless of age.

Accommodation and food:

This is a non-residential retreat however there are some rooms available at the centre. For accommodation and food requirements please contact Kawai Purapura on +64 9 415 9468 or email accommodation@kawaipurapura.co.nz